

Entry Form

Return this form with your check by March 10, 2018

Please Print

Name

Address

City/State/Zip

Phone Number/Sex (M/F)

Email

T-Shirt Size ___S ___M ___L ___XL

Event :(Choose1) ___5KRun ___ Walk

Age Category: (as of March 10, 2018)

___14 & under ___15-19 ___20-29 ___30-39
___40-49 ___50-59 ___60-79 ___70+ (Free)

Please enter me in the Strides of March 5K run & Walk. I understand that running a road race is potentially hazardous activity and should not participate unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: heart attack, stroke, dehydration, exhaustion, falls, contact with other participants, the effects of weather, traffic and course conditions. I therefore release and discharge Deepwood Special Olympics, GreaterCleveland XC, Lake County Board of DD/Deepwood and their staff, volunteers and sponsors from liability for any injury, harm, loss, damage or inconvenience occurring to either myself or the named participant during participation in this event. I hereby grant permission to the Deepwood Special Olympics and their sponsors to use any photographs, video and/or audio recordings or any record of this event for legitimate purposes.

Signature (parent or guardian require if under 18)

*Let Me Win. But if I cannot
win, let me be brave in the
attempt.
Special Olympics Oath*



Make Checks Payable to:

Deepwood Special Olympics

Mail to Deepwood Special Olympics

8121 Deepwood Blvd.

Mentor, Ohio 44060

Online registration at

www.greaterclevelandxc.com



Deepwood Special Olympics
Presents

21st ANNUAL
STRIDES OF MARCH
BIGFOOTER 5K

To support and raise awareness
for

Deepwood Special Olympians

Sunday March 25, 2018
At Lake County Board of DD/
Deepwood
8121 Deepwood Blvd.
Mentor, Ohio 44060

WELCOME TO THE TWENTY-FIRST ANNUAL

★ ★ ★ ★ ★ STRIDES OF MARCH *BIG FOOTER 5K*

**PROCEEDS FROM THE STRIDES
OF MARCH 5K RACE WILL
SUPPORT DEEPWOOD
SPECIAL OLYMPICS.**

Course Description

The 3.1 mile race course winds through Deepwood Campus near the Great Lakes Mall, with one big hill near BIG FOOT HILL and it is all paved. ALL YOU CAN EAT PANCAKES AT THE FINISH LINE TO ALL RACERS.

Cost

The non refundable pre-registration entry fee is \$20.00. The race day fee is \$25.00. Each participant will receive a free T-shirt, race packet along with a ticket for a PANCAKE BREAKFAST. PLUS Andy's Famous Coffee and Hot Chocolate.

Race Categories

Male and female categories are divided by age group. Over 70 and Military service members are FREE Entry with ID. No bikes or rollerblades, please.

Big Foot

Runners/walkers who dress up like Big Foot receive a free race entry. AND Spot Big Foot score a prize.

Race Packet Pick-Up

Runners/walkers are encouraged to pick up pre-registration packets the day before the race. Pre-registration will be available from 10:00 to 2:00 pm March 24th at Second Sole 8791 Mentor Ave., Mentor Ohio 44060.

Race Day Schedule—March 25th

Registration 7:30 am

Race Begins 8:30 am

Awards Ceremony—Immediately following.

Pancake breakfast.

Awards

Gift Certificates will be presented to the top three finishers overall and the top three finishers in each category. The awards ceremony will begin immediately following the finish of the race. Race results will be posted at www.greaterclevelandxc.com

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by Our Sponsors.....

